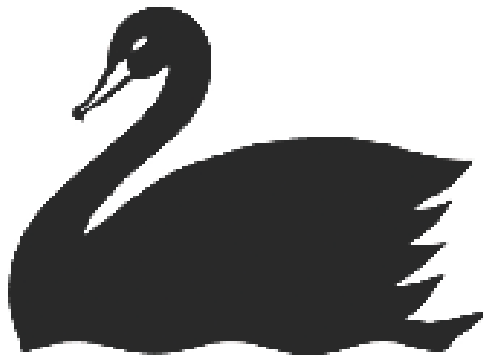


You only get one chance to make a great first impression; the difference could be a consultation with...



Looking Good

*Look Good and Feel Great
Whatever the occasion*

Alison Sainsbury | Looking Good
Studio Locations | Loughborough, Leicestershire and Maidenhead, Berkshire

Tel. 07768 962 147 Email: alison@looking-gooduk.co.uk

www.looking-gooduk.co.uk www.facebook.com/lookinggoodnutrimetics

PERSONAL CONSULTATIONS

Colour Analysis

Learn the importance of harmony between your skin tone, hair colour, make-up and how they influence the colours you wear to make you look healthier and more vibrant. Skincare advice and make-up application is included.

Your 33-colour swatch wallet will help you to choose all the right colours when you go shopping.

Colour Analysis lasts about 2-2½ hours.

“Who would have thought that a change in colours that you wear would have such an impact on your confidence”

Personal Image

Discover how to dress to flatter and enhance your figure and develop your own style.

The correct necklines, cuts and shapes will accentuate your assets and improve your self confidence and create a new you.

A personalised image guide is included in the 2 – 2½ hour consultation.

“I was a ‘wow’ at the company do last night, thanks to you. I bought an outfit in a style that I wouldn’t normally have considered and I felt great in it!”

Wardrobe Surgery

Wardrobe Surgery is a full assessment and pruning of your wardrobe and accessories, leaving your wardrobe ready for new outfits and accessories.

Skincare products and cosmetics will also be included in your Wardrobe Surgery.

Make-Up Lesson *(with skin care advice)*

Learn to complement your skin tones using natural colour harmonised cosmetics to ensure that the finished look suits your personality and lifestyle.

‘The makeup feels light, looks natural, is easy to apply and has great staying power’

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PERSONAL CONSULTATIONS

Colour Analysis for Men

Discover how to select the most beneficial combination of colours so you will always look vibrant and healthy.

Advice is given on grooming for your skin. You will receive a personalised wallet with 30 colour swatches to help with future purchases.

Personal Image for Men

Learn which style of clothes enhance and flatter your figure.

A personalised style guide is included. Each consultation lasts about 1½ hours.

"It's amazing the number of favourable comments I get about my new look. All thanks to you!"

Personal Shopping

Enjoy either a half or full day shopping to choose clothes and accessories to build your wardrobe for the workplace, socialise or for a special occasion.

"It has been a journey of discovery in such a small time. I now have fewer items in my wardrobe but I wear all of them"

GROUP PRESENTATIONS

Colour Discovery Workshop 4-6 women (lasting 2-3 hours)

A fun and practical 'taster' session held in the comfort of your home or office with friends and colleagues.

Each person will enjoy a 'mini' colour analysis lasting about 20 minutes including light makeup application. A wallet containing 33-colour swatches is included in the price.

'Power of Colour' Presentation Corporates, Clubs and Associates

A fun and interactive session, concentrating on the importance of choosing the right colours so that they look healthier, more vibrant and also feel more confident about themselves.

This presentation includes tips on accessories and choosing the correct cosmetics.

Presentations and seminars can be adapted in length and to include personal image.

PRICE LIST

Per Person

£

Personal Consultations for Women

Colour Analysis (<i>incl. swatch book</i>)	120.00*
Personal Image (<i>incl work guide</i>)	120.00*

Workshops (4-6 women)

Colour Discovery (<i>incl. swatch book</i>)	65.00*
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Consultations for Men

Colour Analysis (<i>incl. swatch book</i>)	95.00*
Personal Image (<i>incl. work guide</i>)	95.00*

Colour Swatch Books (33 colours)

£25.00

Make-up (*inc. skincare advice*)

Review $\frac{3}{4}$ hour	35.00*
Lesson $1\frac{1}{4}$ hours	60.00*

Personal Shopping

Half day (4 hours, <i>includes coffee break</i>)	250.00*
Full day (6 hours, <i>includes coffee break and a light lunch</i>)	350.00*

Wardrobe Surgery (3 hours)

150.00*

Thereafter £45 per hour

Individual packages put together upon request

**Weekend consultations incur an extra charge of £25*

Presentations & Seminars

Please call for details and pricing

Personalised Vouchers

Deposit

25% non-refundable deposit required for all consultations booked

Cancellation Policy

Charge will be made if cancelled within 48 hours

Payment

PAYMENT CAN BE MADE BY CASH, CHEQUE AND MAJOR CREDIT CARDS ACCEPTED

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NUTRIMETICS

Nutrimetics ... NUTRItional cosMETICS

One of Australia's leading cosmetic companies

founded in 1961 after the founder took a trip to visit the Hunza tribe in the Himalayas. He discovered the secret of their beautiful skins...the precious oil extracted from the apricot kernels.

Skin Care Products

- ◆ cruelty free
- ◆ pH balanced
- ◆ petrolatum free
- ◆ botanically derived and
- ◆ naturally enriched

Skin Care Pampering Experiences (4-6 people in the Home or Office)

- ◆ Learn the importance of looking after your skin
- ◆ Try the products by giving yourself a mini facial
- ◆ Discover the best skincare regime to suit your complexion and lifestyle

"My skin is not oily but clearer and more alive than it has been in quite some time! Nutrimetics products have been like a magic wand to me!"

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